

California Functional Capacity Protocol

Evaluation Record

Name: _____ DOB: _____ Date: _____ Evaluator: _____

1. Structured Interview

Previous injuries/medical problems: _____

Dominance: Right / Left / Ambidextrous Height: _____ Inches Weight: _____ Pounds

Assistive/supportive devices: _____

Use of prescription medications: _____

Are there any medications you should be using and are not? _____

	Able	Restricted			Unable	
	1	2	3	4	5	
Sit office chair:	1	2	3	4	5	_____
Stand concrete floor:	1	2	3	4	5	_____
Walk sidewalk:	1	2	3	4	5	_____
Climb stairs:	1	2	3	4	5	_____
Stoop to retrieve:	1	2	3	4	5	_____
Crouch to retrieve:	1	2	3	4	5	_____
Kneel to retrieve:	1	2	3	4	5	_____
Reach overhead right:	1	2	3	4	5	_____
Reach overhead left:	1	2	3	4	5	_____
Lift waist to shoulder right:	1	2	3	4	5	_____
Lift waist to shoulder left:	1	2	3	4	5	_____
Carry 100 feet right:	1	2	3	4	5	_____
Carry 100 feet left:	1	2	3	4	5	_____

2. Health Questionnaire (attach)

3. Perceived Physical Capacity a. Spinal Function Sort (attach) b. Hand Function Sort (attach)	a. Reliable / Questionable / Unreliable RPC Score: _____ PDC Level: _____ b. Reliable / Questionable / Unreliable RPC Score: _____ PDC Level: _____																																				
4. Pain & Sensation Drawing (attach)	<table border="0"> <tr> <td></td> <td style="text-align: center;">Frequency</td> <td style="text-align: center;">Intensity</td> </tr> <tr> <td>Worst:</td> <td>Con / Fr / Int / Occ</td> <td>Min / SI / Mod / Sev</td> </tr> <tr> <td>Usual:</td> <td>Con / Fr / Int / Occ</td> <td>Min / SI / Mod / Sev</td> </tr> </table>		Frequency	Intensity	Worst:	Con / Fr / Int / Occ	Min / SI / Mod / Sev	Usual:	Con / Fr / Int / Occ	Min / SI / Mod / Sev																											
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5. Job Demands Questionnaire (attach)	PDC Level: _____																																				
6. Lateral (Key) Pinch Right Hand: _____ Left Hand: _____	Average: _____ CV%: _____ Excellent / Above Average / Average / Below Average / Limited Average: _____ CV%: _____ Excellent / Above Average / Average / Below Average / Limited																																				
7. Power Grip Right Hand: _____ Left Hand: _____	Average: _____ CV%: _____ Excellent / Above Average / Average / Below Average / Limited Average: _____ CV%: _____ Excellent / Above Average / Average / Below Average / Limited																																				
8. Standing Range of Motion <table border="0" style="width: 100%;"> <tr> <td></td> <td style="text-align: center;">Able</td> <td colspan="3" style="text-align: center;">Restricted</td> <td style="text-align: center;">Unable</td> </tr> <tr> <td>Shoulder:</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Eye:</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Knee - Stoop:</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Knee - Crouch:</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Knee - Kneel:</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> </tr> </table>		Able	Restricted			Unable	Shoulder:	1	2	3	4	5	Eye:	1	2	3	4	5	Knee - Stoop:	1	2	3	4	5	Knee - Crouch:	1	2	3	4	5	Knee - Kneel:	1	2	3	4	5	
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9. Progressive Lift Capacity (attach) <div style="text-align: right; margin-right: 20px;">Load</div> a. Knuckle to Shoulder: _____ b. Floor to Knuckle: _____ c. Floor to Shoulder: _____	RAW: _____ % Normal: _____																																				
10. Carry x 100 feet with full-range load	<table border="0" style="width: 100%;"> <tr> <td style="text-align: center;">Able</td> <td colspan="3" style="text-align: center;">Restricted</td> <td style="text-align: center;">Unable</td> </tr> <tr> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> </tr> </table>	Able	Restricted			Unable	1	2	3	4	5																										
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11. Climb x 15 cycles @ 8" step in one minute	<table border="0" style="width: 100%;"> <tr> <td style="text-align: center;">Able</td> <td colspan="3" style="text-align: center;">Restricted</td> <td style="text-align: center;">Unable</td> </tr> <tr> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> </tr> </table>	Able	Restricted			Unable	1	2	3	4	5																										
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